



Understanding Aggression Between Cats



Even friendly cats may show tension during changes in routine, introductions, or competition for resources.

! Signs of Tension

- Staring or stiff posture



- Blocking access to food, litter boxes, or hallways
- Guarding resting spots
- Hissing, growling, or swatting
- Litter accidents



✓ Why Conflict Happens

Common triggers include:

- **Resource competition**
Not enough litter boxes, food stations, resting areas, vertical space.
- **Fear or overstimulation**
New stimuli, too much handling, or environmental stress.

- **Fear or overstimulation**
New stimuli, too much handling, or environmental stress.

- **Pain or illness**
Medical issues can quickly change behavior.



✓ How to Prevent Conflict

- Provide **1** resource per cat + 1 extra



- Create vertical space



+ When to Seek Help

If aggression is persistent, escalating, or causing harm, consult your veterinarian.

Medical issues like pain, thyroid disease, or urinary problems can influence behavior.