



## *A Volunteer Story by Lori P.*



It was a lovely day for a mental health crisis. The sun was out, the birds were singing, and we were sitting on a covered porch, shaded from the heat. My kid was trying to tell me what no parent wants to hear – that they were depressed, that they had no direction, that they didn't want to wake up in the morning. There is perhaps no better antidote to the confusion that is adolescent life than helping others, so I started to think about what kind of service could help to lift my ailing child out of this malaise. Well, petting a cat releases endorphins in the human brain that can lower blood pressure and raise dopamine levels (plus being around cats just makes everything feel better!). This research crossed my mind as I processed my child's misery.

Fast forward about two years, and it's Saturday morning. Barnabas, the cat we adopted from Forgotten Felines, takes up half the couch in our living room as he hugs his kicker toy, fast asleep. We're about to head in to volunteer as weekend cleaners, so we give him a quick scratch and tell him we'll say hi to his friends. Life is full of surprises. Just as Barnabas expected to spend the rest of his life lounging in the Senior room, we met him and knew he needed to come home with us. Just as Soren used to sleep until noon, wake up and meander about the day listlessly, we started volunteering Saturdays and Sundays at the shelter. I no longer have to drag the kid out of bed. Ever. The kid wakes me at 7:30 to tell me that it's time to go. Forgotten Felines gave Soren a safe place where they not only found a love for the creatures that would understand them, befriend them, and accept them, but also a direction. After volunteering for a few months, Soren found opportunities to move into an educational vet tech program at the technical school. Suddenly, high school felt less awful, and life felt more purposeful.

Volunteering at the shelter connected us with people who are kind, who care about animals, and who also get out of bed early on a Saturday or a Sunday to show up for the organization. It's hard not to have a house full of cats when you fall in love over and over again, but Forgotten Felines makes it easier. The cats you love will be there, or they will be adopted out to their forever home. There isn't a high turnover rate that might result in improper placement. If a cat has special needs or medical issues, then they become a resident- and that's okay because the residents live healthy lives with excellent vet care. Soren and I look forward to our time at the shelter (even the cleaning). I'm so grateful not only for the love of our elderly ebony gentleman Barnabas, but also for the education, for the community, and for the therapeutic value of helping the residents of the barn and the house. Thank you, Forgotten Felines!





## Adoptables

*All of our adoptable cats are spayed/neutered; vaccinated, FeLV/FIV tested, microchipped, and are current on their shots*

**Winky and Blinky - blind bonded pair.** They are a very loving and playful duo. They both had severe eye infections that were left untreated before they were rescued from the outdoors. They were under weight and very sick when found, but they are doing great now in their foster home. They get around and play just like any other kitty, and Blinky even likes to play fetch with toy springs! DOB: 10/2024



**Periwinkle-** a lovely little lady who was found outside in December 2024. She loves people and gets along well with other cats. She has a very sweet and active personality and would enjoy a home with another young cat. She has a loud heart murmur, so she would be considered a special needs cat (but fortunately does not have any current signs of heart disease). DOB: approximately 2022



**Aldi-** a young brown tabby who was found on a farm last year. He is very loving and playful, and his favorite toy is his feather on a stick. He likes to greet you when you come into the room. He would do well in an active household. DOB: April 2024.



**Snickers** - loves human attention and gets along with most other cats. He came from a small rescue in another county that had to close. At first he likes to hide under blankets, but once he trusts you, he will follow you around. He would do best in a quiet home with another calm cat. DOB: 2022.



**Cora** - a young friendly tuxedo girl found outside in December 2024. She likes a quiet environment and loves humans. She should be the only cat in the home because she likes all of the attention to herself! She loves to curl up in her bed by the window. DOB: approximately 2022



**Percy (white) and Grover (grey tuxedo)** - These guys have been together since birth, so they would like to be adopted together. They need a family who will play with them and give them lots of attention. They are playful and loving. When they are done playing, then they are snuggly. Born in August 2024.





***We're raising dough!***

# FORGOTTEN FELINES & FIDOS INC

**25%**

**OF NET SALES  
WILL BE  
DONATED\***

**June 11, 2025  
4:00 pm to 8:00 pm  
2669 MacArthur Rd, Whitehall, PA**

Use code **FUND4U** at [panerabread.com](https://panerabread.com), in the Panera App,  
or at the kiosk in-cafe.

Online orders placed all day at your event cafe will count toward your total sales.

**Bring this flyer or show a digital copy to your  
cashier when ordering at the cafe to ensure your  
organization gets a portion of the net sales.**

**Panera<sup>®</sup>  
FUNDRAISING**

\*20% fundraiser: Up to 20% of net sales from your designated and registered fundraising event will be donated to your approved organization. Minimum sales of \$100 on the specified date, time and location required to receive 20% donation. 25% fundraiser: Up to 25% of net sales from your designated and registered fundraising event will be donated to your approved organization. Minimum sales of \$150 on the specified date, time and location required to receive 25% donation. General terms: Details on percentage of net sales to be donated and the minimum sales requirement will be provided during the event registration process. Fundraising events available only at participating US bakery-cafes. Fundraising event details and available dates and times for fundraising events will vary by bakery-cafe. Gift card purchases, catering orders, and orders placed on third party delivery sites are excluded and will not count towards the total net sales from your designated fundraising event. This offer will be void if flyer is distributed in or near the participating bakery-cafe on the night of the event. Fundraising events may be cancelled without notice due to abuse, error, fraud, computer error, electronic or technical malfunctions, or other unforeseen or unintended circumstances. Other restrictions may apply. For more information on how our fundraising events work, please visit: <https://fundraising.panerabread.com/faq>.

© 2024 Panera Bread. All Rights Reserved.



# GIFT CARD BINGO

Baked  
Goods

Food for  
Sale

Basket  
Raffle

50/50  
Raffle

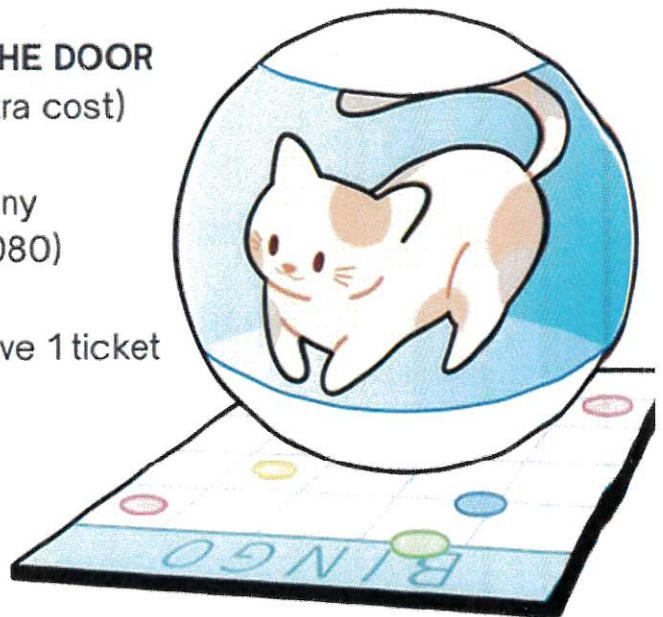
**SATURDAY, 23 AUGUST 2025**

200 TICKETS AVAILABLE - DOORS OPEN AT  
11:30 - GAMES START AT 1:00

**\$25 FOR TICKETS IN ADVANCE, \$30 AT THE DOOR**  
(20 \$50 games, specials available at extra cost)

Takes place at Friedens Fire Company  
(3158 Friedens Rd, Slatington, PA 18080)

Bring donations from our wishlist and receive 1 ticket  
for our special door prize!



## TO PURCHASE TICKETS:

Contact Liz Trested at 610-704-9063 or [lizlovescats31@yahoo.com](mailto:lizlovescats31@yahoo.com),  
purchase them at the shelter or visit [www.forgottenfelines.org/](http://www.forgottenfelines.org/) to  
purchase tickets online



## *Redner's Donates \$5,000 to Forgotten Felines and Fidos*

Each year, local Redner's stores participate in a Frito Lay's Taste of Super Bowl Community Partnership initiative, and the four winning stores are each able to donate \$5,000 to a charity of their choice. The Redner's store in Northampton was one of the winners in the district, and the store managers selected Forgotten Felines and Fidos as their charity! "Thank you very much to Redner's for your amazing donation! We will be using the funds for building maintenance so that we can continue to care for the wonderful cats who call our shelter home," said Board Member Liz Trested, who is seen below accepting the check.



## *Fundraising Corner*

Just a reminder that Forgotten Felines has some amazing summer fundraisers coming up, including a Car Wash event at Kuhnsville Car Wash on June 28<sup>th</sup>! For this event, a portion of the proceeds for all full-serve car washes will be donated to Forgotten Felines all day. The rain date is Saturday, July 12<sup>th</sup>. Come join us for this sudsational fundraiser!

We will also be having our 2<sup>nd</sup> annual Pins for Paws Bowling fundraiser on Sunday July 13<sup>th</sup> from 2:00-4:00 pm at Hampton Lanes in Northampton. Tickets are \$25 (\$20 for children 10 years old and younger) and include 2 hours of unlimited bowling and shoe rental! To purchase tickets, contact Liz Trested at [lizlovescats31@yahoo.com](mailto:lizlovescats31@yahoo.com), visit our website or sign up at our shelter.

Lastly, don't forget to mark your calendars for our Anniversary Event on September 20<sup>th</sup>!



NON PROFIT  
U.S. POSTAGE  
PAID  
LEHIGH VALLEY, PA  
PERMIT NO. 823

PO Box 62  
Germansville, PA 18053  
(610) 760-9009  
[www.forgottenfelines.org](http://www.forgottenfelines.org)  
[www.facebook.com/forgottenfelinesnew](https://www.facebook.com/forgottenfelinesnew)  
[www.instagram.com/forgottenfelinesandfidos](https://www.instagram.com/forgottenfelinesandfidos)

RETURN SERVICE REQUESTED

6022 Mountain Road  
Germansville, PA 18053

**Adoption hours:**  
Saturdays 12pm—4pm



All other days by  
appointment only  
Please call  
Paula: 484-330-1664  
To set up an appointment

### Board of Directors

Karen Sweeney  
Carm Biery  
Mary Ann Schaeffer  
Dave Baily  
Paula Myers  
Marie Reidenhour  
Liz Trested  
Erica Moerder

### Contact Us

[forgottenfelinesfidos@gmail.com](mailto:forgottenfelinesfidos@gmail.com)

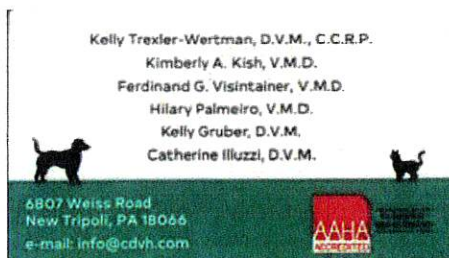
[fffvolunteer@verizon.net](mailto:fffvolunteer@verizon.net)  
(610) 737-6851

[fffadoption@verizon.net](mailto:fffadoption@verizon.net)

[ffffundraising@verizon.net](mailto:ffffundraising@verizon.net)

Spay/neuter appointments:  
(610) 760-9009

*We would like to thank these generous businesses who have  
sponsored a shelter room or building for 2024-2025*



Office Hours By Appointment  
**Timothy L. Wright, D.M.D., P.C.**  
Family Dentistry  
242 Main Street  
Emmaus, PA 18049  
Telephone: (610) 965-3479  
[WrightInEmmaus.com](http://WrightInEmmaus.com)

